

PLEASE JOIN US FOR RICE'S

Week of Wellness Fair

Co-sponsored by the Staff Advisory Committee and Human Resources



Wednesday, Oct. 19, 2016
Grand Hall, Rice Memorial Center (RMC)
11 a.m.–3 p.m.

Rice offers its faculty and staff a variety of wellness benefits that impact the overall well-being of employees. Learn how to use the tools available to you as a benefits-eligible faculty or staff member at the Week of Wellness Fair. On- and off-campus partners will be at the fair to help you reach your goals. The Week of Wellness Fair gives you the opportunity to get answers to many questions, whether you need to get a flu shot, set up a meeting with a financial adviser, or have questions about your career at Rice. Don't miss out. Come to the fair to learn about the benefits available to you as a benefits-eligible employee.

The following information sessions will be held in the second-floor conference room in the RMC. Space is limited, so you must RSVP if you wish to attend.

- 11–11:45 a.m.** “Paying Yourself: Income Options on Retirement”
Presented by TIAA ([RSVP at https://signup.rice.edu/payingyourself](https://signup.rice.edu/payingyourself))
- Noon–12:45 p.m.** “Social Security Review and Online Services”
Presented by the Social Security Administration ([RSVP at https://signup.rice.edu/SSA16](https://signup.rice.edu/SSA16))
- 1–1:45 p.m.** “Fundamentals of Retirement Income Planning”
Presented by Fidelity ([RSVP at https://signup.rice.edu/Fidelity16](https://signup.rice.edu/Fidelity16))
- 2–2:45 p.m.** “Retire Your Idea of Retirement”
Presented by UTEAP ([RSVP at https://signup.rice.edu/UTEAP16](https://signup.rice.edu/UTEAP16))

Rice's partners will be available to answer questions and schedule follow-up one-on-one appointments with you.

**PARTICIPANTS
INCLUDE:**

TIAA
HelloWallet
Fidelity
Rice HR/Benefits

Social Security Administration
Unum
Cetera Advisors
Health Fitness

Smart Financial Credit Union
Rice's Employee Assistance Program (UTEAP)
Chase Bank
Careers at Rice

For additional information, please contact Verónica Villaseñor at vdv@rice.edu or 713-348-3557.

Healthy  RICE. Healthy Life.

