



The At Work Program

Frequently Asked Questions

How much does the program cost?

The cost is \$99.00 per 9-week session (Rice will subsidize ½ the cost of the program, so your cost is \$45.50). Our member fees can be paid using our split payment option to ease family finances. We accept personal checks, cash, Visa and MasterCard. If paying by credit card, the split payment option is not available.

When are the fees due?

The full fee, either one check for the full amount or credit card information must be collected from all members by Rice at the scheduled start of the meeting series.

When are the meetings held?

The meetings will be in Room 316 of the McNair Hall (Jones School) on Mondays starting July 14th at 11:30 am – weigh-in will start at 11:00 am.

Who can join the group?

Any employee, who has a minimum of 5 pounds to lose, according to our weight goal chart, may join the At Work Program series. A person who is already a member of a traditional Weight Watchers meeting may join the At Work Program. Lifetime members over goal are also welcome to join the At Work Program. Lifetime Membership # must be submitted with registration form. Lifetime members who are at goal are very welcome to attend the series at no charge.

What if I have prepaid in a Traditional meeting?

Your pre-payment amount will be credited toward the series fee as long as it has not expired. The most common option is the 10-week \$99.00 option. Each coupon will be credited as \$9.90 toward the fee. Weight Watchers also offers a seasonal 17-week savings plan. The remaining weeks credited toward the series fee as \$9.00 per week. The member must turn in the remaining coupons or the saving plan card along with full payment for the balance of the fee.

How is the weigh in handled?

The weigh in is completely confidential. The scale has a digital read out that no one but the Weight Watchers staff can see. We will not disclose your personal information, at any time, to the other members or to Rice.



What happens if I am not at work on the day of our regular meeting?

You are welcome to attend one of our traditional meetings as a visitor. You will need to bring your attendance book with you to show proof of current membership. There is no charge to visit a meeting during your current series.

I am a Weight Watchers Lifetime member. How are my fees handled?

A Lifetime member that is no more than 2 pounds over their weight goal may attend our meetings each week at no charge. A lifetime member that is between 2 and 7 pounds over their weight goal may attend each week. They do pay \$11.00 each week until they return to goal. A Lifetime member that is more than 7 pounds over their goal will pay the full series fee. They are entitled to a prorated refund when they return to their weight goal.

Can employees join after we begin our series of meetings?

Absolutely. Employees can join our series at any time. We prorate the fees beginning on the 3rd week of the series. The fee is based on \$10.95 per week for each week remaining. For example, if we have 6 meetings remaining in the series, the fee would be \$65.70.

The At Work Program fees are prepaid and are not refundable.